



# Turn up the **VOL**ume

By Annapina Iannelli

**August 2011**

I hope you are enjoying the newsletter and I still encourage you to try the things I propose to you and I remind you to send me your opinions about new things to do, for example if you have travelled to a new place, tried a new bar, a new club, etc.

**It would be great if you could send me your feedback. Thank you!!**



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Follow us on Twitter : " eispossible "

<http://volunteersturnupthevolume.blogspot.com/>

**Our Volunteers in the newspaper:** It will be interesting for you to read these two articles about the work of two of our volunteers, Roman and Tatiana. Roman comes from Spain and he has been doing an EVS with the British Red Cross; after he decided to stay in Leeds and now he is doing a Leonardo with the same organization. Tatiana comes from Costa Rica and she is currently doing an EVS with an organization called Groundwork. Tatiana is enjoying very much this environmental project as she is studying environmental law.



Yorkshire Newsletter  
For all our volunteers and staff  
Issue 19

# UPDATE

## Roman invades Leeds



**Jeff Goodall, John Coulthurst, Rosie Longley, Tabitha Hazeldine, Roman Arminana Gomez, Suzy Flattery, Yvonne Smith and Alison McNicoll enjoying their Spanish lesson**

Staff at the Leeds office have been receiving Spanish lessons from volunteer Roman Arminana Gomez. Roman studied psychology at University in Valencia before moving to Leeds as a full time volunteer for the refugee and international tracing and message service in May 2010 with his host organisation called *Everything is possible*.

Roman has blended in so well and his English has improved greatly (not sure about John Coulthurst's Spanish!) Supporting refugees and asylum seekers, helping at the drop-ins, doing case work, fundraising including the Three Peaks Challenge and providing emotional support. Roman has proved himself a real team player!

# GROUNDWORK News



SUMMER 2011



## A week in the life of a GROUNDWORK volunteer



Photograph: Gavin Bain

It's the hottest day in Yorkshire for five years, but for volunteer Tatiana Abarca it's still just a little on the chilly side.

Tatiana joined Groundwork recently for an 8-month placement many hundred miles away from her native Costa Rica. A graduate in Environmental Law, she is here to learn more about the types of environmental projects going on in the UK – and in particular those run by Groundwork – to find out if they could be replicated back at home. She is also keen to broaden her general experience, gain new skills, and improve her English.

She is assisting a range of teams and projects and has already impressed staff with her enthusiasm and versatility. She takes us through a typical week:

### Monday

Today I worked with the Green for Go project at the allotments in Beeston, weeding around the crops. The Green for Go volunteers are 19-25 years old, and some have learning difficulties. It was good experience because I was supporting a community space and at the same time enjoyed working outdoors and learning new skills.

### Tuesday/ Wednesday

I have been working with the Green Doctor team for the last two days. We went on house visits around Leeds to give free advice on how to save money on heating bills and other expenses.

### Thursday

This morning I visited a primary school in north Leeds to take part in a session with a Year 6 class. We were discussing some of the positives and negatives of their community, and how they would like to change it. They worked in groups to come up with ideas and presented them to the rest of the class.

In the evening I had an event with the Green Doctor team at another Leeds school where they were holding a health fair. We had the opportunity to work with the children and parents, some of whom signed up to receive a free Green Doctor assessment.

### Friday

Another day working with the Education Team, this time in a school in Keighley. We did some indoor and outdoor arts activities with a group of 13 children. The children really enjoyed going out and learning outdoors, but most impressive for me was that through Groundwork they had the opportunity to get out of the classroom and express themselves through environmental art, and by using recycled and natural materials, on a low budget too.

Groundwork offers a variety of short and longer term volunteering opportunities, either full or part time. Please contact **Jennifer Williams** for more information on **0113 238 0601 / jennifer.williams@groundwork.org.uk**



# EVENTS



**The best Soul night in Leeds:** Every Wednesday night in Leeds at the HiFi Club there is a special event called 'Move on up' that is a celebration of Soul music. The event is free entry before midnight and there is a selection of drinks that you can buy for just £2. It looks perfect for some of you that are already on holiday and maybe want to enjoy the last week in Leeds going out and having fun.

**Where:** The HiFi Club, 2 Central Road, Leeds city centre.

**When:** Every Wednesday night from 10.30 pm.

**Cost:** Free entry before midnight, £3 after.

**For More Info:** <http://www.thehificlub.co.uk/clubnights/moveonup>



**Reetsweet Craft Fair:** Another wonderful fair at the Corn Exchange in Leeds! If you love shopping you will find there a unique selection of original art, accessories, jewels and clothes. Most of the items are handmade and are unique creations by different artists who will participate in this fair.



**Where:** Leeds Corn Exchange, Call Lane, Leeds city centre.

**When:** Saturday August 6<sup>th</sup> from 10.00 am to 5.00 pm;  
Sunday August 7<sup>th</sup> from 11.00 am to 4.30 pm.

**Cost:** Free entry.

**For More Info:**

<http://reetsweet.blogspot.com/2011/07/august-reetsweet-awesome-new-artists.html>



**Leeds Pride:** There will be a massive event for the gay pride of this year in Leeds! The event will start at noon in Millennium Square where there will be the main stage. Then a big parade will leave Millennium Square at 3.00 pm and then it will go down the Heathrow and to Vicar Lane, then Call Lane and up to Lower Briggate where the entertainment will continue.

**Where:** The parade will start in Millennium Square, Leeds city centre.

**When:** Sunday August 7<sup>th</sup> from 12.00 pm to 4.30 pm.

**Cost:** Free.

**For More Info:** <http://www.leedspride.com/>

### Saturday Matinees at the Hyde Park Picture

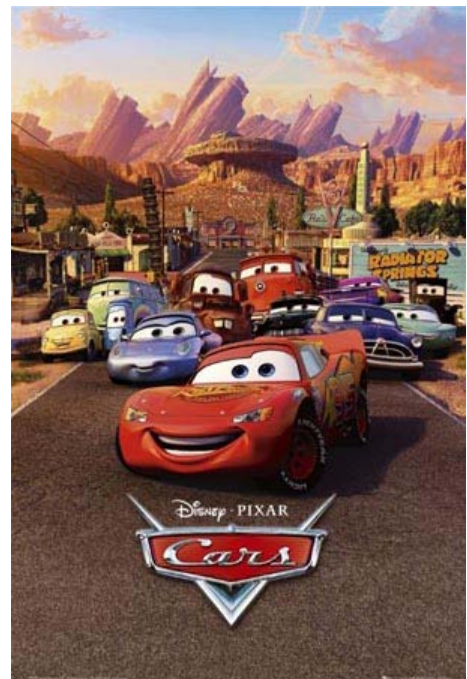
**House:** Another movie for your Saturday morning, as I suggested you in a previous newsletter. In fact the Hyde Park Picture House, situated in Headingley, is proposing these Saturday matinees for just £ 4 and the program is very interesting if you love animation like me. The movie that I have chosen for you this time is *Cars*; one of the most famous movies by Pixar, the same production of *Toy Story*, *Finding Nemo*, *Monsters* and many more that you should know for sure. Moreover I repeat that the Hyde Park Picture House is a very nice place to go for a movie if you are a massive fan of cinema like me, so if you have never been there you should definitely go.

**Where:** Hyde Park Picture House, Brudenell Road Headingley, Leeds

**When:** August 6<sup>th</sup> at 12 pm.

**Cost:** £4.

**For More Info:** <http://www.hydeparkpicturehouse.co.uk/index.php?showing=2958#now-showing>



### The Best Italian Food in Leeds:

Well, I can honestly say that this is a real Italian restaurant. The first time I have been there I was quite suspicious because every time I go to an Italian restaurant I am always disappointed about the food at the end. But this time I ate a real pizza in a real Italian restaurant and I ended up with coming back there very often, every time I miss a pizza or other things that here I cannot cook. It's also not so expensive, a



very big pizza full of all sorts of things is around £10 or £11 and more over the place is very nice and cosy.

**Where:** 115 and 107 Otley Road, Headingley, Leeds.

**When:** Anytime, for lunch or dinner.

**Cost:** A dinner with pizza and drink is about £ 13 or £ 15.

**For More Info:** <http://www.salvos.co.uk/>

**Birthdays:** During August we will have two birthdays from two members of the Everything is Possible staff:

**The 26<sup>th</sup> of August** it will be **Ash's Birthday;**

**The 29<sup>th</sup> of August** it will be **Bob's Birthday.**





Everything is Possible  
volunteers  
2010-2011

Good Luck for  
the future.  
The Everything is  
Possible Team.

   
Education and Culture DG  
Lifelong Learning Programme

 **BRITISH  
COUNCIL**

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