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# Turn up the **VOL**ume

By Andrea Casabella

**February 2011**

Hi folks! As you see we have changed the Newsletter's name. Now it has a new name: **turn up the VOLume!**

I hope you are enjoying the newsletter and I still encourage you to try the things I propose to you and for you to send me your opinions about them, for example if you have tried a new bar, a new disco, etc.

**It would be great if you could send me your feedback. Thank you!!**



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<http://volunteersturnupthevolume.blogspot.com/>

### Cafe of the Month: The FAB café

Walk down the stairs and you'll find yourself in a strange world. Imagine all your teen dreams brought together in one room with colourful lights to distort everything to make it that bit more weird. It is the perfect place for a geek! You can find things of Star Wars, B Series, Doctor Who... and the entry is free in the afternoon and only £2 in the evening.



***My opinion: it is an amazing place that you should go even if once. During the week they have good offers to drink cheap.***

<http://www.fabcafe.co.uk/>

### Restaurant of the Month: Red Hot World Buffet

**Are you looking for food from all around the world? Why not try Red Hot World Buffet?** It is located on the Headrow level of The Light and offers diners a choice of over 200 dishes from around the world. The stylish restaurant features an array of live cooking stations, with 35 chefs operating in the restaurant at any one time. You can relax in one of four themed rooms. With a total of 9 cuisines to choose from including: Indian, Chinese, Thai, Italian, Mexican, Mediterranean, Japanese, Cajun and British there is certainly something to tempt everyone's taste buds.



The prices are from £8 till £13, depending on the day of the week and if it is lunch or dinner.

***My opinion: the buffet choice is huge and the presentation of the food is impressive, but the quality is not the best, although I recommend you to leave place to the desserts, they are amazing!***

<http://www.redhot-worldbuffet.com/leeds-menu.pdf>

### Salsa Lessons at Bar Room Bar

For those dancers amongst us BRB is offering salsa lessons every week 6.30-8.30pm. They start on Wednesday 2nd February 2011 at the Bar Room Bar, Leeds. It is £5 each class.



<http://www.skiddle.com/whats-on/Leeds/Bar-Room-Bar/Salsa-Leeds---Beginners-Salsa-Classes/11416716/>



## THEATRE, DANCE, MUSIC AND MORE



### The Storeroom at The Carriageworks

My recommendation for this month is The Storeroom. It is a dark, daring and dazzling cabaret in which murder mystery and a femme fatale mingle in a potent cocktail of theatre and physical adventure. She's dressed to kill and ready to sing, as she tries to unlock the secret of her mysterious past. The answer is *The Storeroom* – if only she can make the pieces fit.



Wednesday 9 February, 7.30pm. Tickets £9.50 (concession £2 off).

<http://www.carriageworkstheatre.org.uk/page.aspx?parent=F6DCC1DF-20A1-4820-A517-D80E72AD5017&listing=998ae033-e1eb-4719-bc11-18c68d244867>

You can see the trailer here: <http://www.youtube.com/watch?v=teYf0uXSoco>

### This month at the West Yorkshire Play House:

Love is in the air during February for you? Why not watch the show “Lot of Love”? ([http://www.wyp.org.uk/events/event\\_details.asp?event\\_ID=5595](http://www.wyp.org.uk/events/event_details.asp?event_ID=5595)) but you can find a lot of interesting shows here: [http://www.wyp.org.uk/events/list\\_events.asp](http://www.wyp.org.uk/events/list_events.asp)

### The Imperial Ice Stars: Swan on Ice, Bradford

The winter is finishing and it is one of the last occasions you will have to see a show on ice.

From Tuesday 22 to Saturday 26 February. Tickets from £12.50

### Chinese New Year Celebration

The Leeds Chinese Community Association is once again hosting a Chinese New Year celebration. This year's event takes place on Sunday February 6th at the Carriageworks Theatre, Millennium Square in Leeds. The occasion promises to deliver a wider experience than previous events as in addition to the theatre performances there will be activities such as Tai Chi, Kung Fu, Calligraphy and Tea tasting. There will also be trade stands offering Chinese food, professional face painting, massage and Chinese crafts.



Doors will open at 11 am for the trade stands and workshops and the main theatre performance will commence at 1 pm. Many thanks in advance to all those who have already shown support for the event and we look forward to seeing them and everyone else on the day.

<http://www.carriageworkstheatre.org.uk/page.aspx?parent=D28BE852-4242-4D88-B353-550839EE5E62&listing=be5ffade-92eb-484c-bb24-ec708796efbf>



## SPECIAL EVENTS



Why not try a **headphone disco** for a special occasion? A really good and different experience! A Headphone disco (or silent disco) is a disco where people dance to music listening to headphones. Rather than using a speaker system. Those without the headphones hear no music, giving the effect of a room full of people dancing to nothing. Often two DJs compete for listeners.

It'll take place at the Leeds University Union on **Thursday 3<sup>rd</sup> February** at 10:30pm. The Cost is £4.25 and here is the address: <http://www.leedsguide.co.uk/company/leeds-university-union/431>

## Birthdays

In February we have a lot of Birthdays so it will be a month plenty of celebrations!!

We have Rosalia's Birthday on the 4 February, Lou's Birthday on the 11, and Roman and Raphael share the same birthday on the 26 February.



## LOCAL WEEKEND BREAKS



Do you have this weekend free and you don't know what to do? Would you like to travel but you don't have too much money?

Here are some proposals to enjoy your weekend and know beautiful places near to your house:

**Bradford** is a city rich in culture, architecture and attractions. Recently titled a UNESCO City of Film, Bradford has the National Media Museum, the Alhambra Theatre, the Ice rink and is the best place to try the authentic Asian cuisine.

The many beautiful Victorian buildings found throughout the city illustrate the city's impressive past and include the area known as Little Germany and the Wool Exchange. Also not to be missed is Bradford Cathedral the city's place of worship for centuries, an oasis of calm in the city centre.

The surrounding area of Bradford also has a lot to offer including the UNESCO World Heritage Site Saltaire, a perfectly preserved Victorian village and home to Salts Mill. Nearby is the former spa town of Ilkley an elegant town set in the Yorkshire Dales, a perfect base for those who enjoy walking. Magnificent countryside can also be enjoyed near the village of Haworth, the former home of the Brontës and the Brontë Parsonage Museum.

### **A special place to visit in Bradford: Saltaire**

Saltaire is a UNESCO World Heritage Site, thanks to its preservation as a Victorian industrial village. Mill owner Sir Titus Salt built the village for his workers and today Saltaire attracts millions of visitors to its magnificent architecture and visitor attractions.



Today his great mill complex is the key feature of Saltaire and houses the 1853 Gallery. Here you will find one of the largest collections of art by renowned Bradfordian David Hockney.

Make sure you visit the showpiece of Saltaire United Reformed Church - one of Britain's most precious Victorian architectural treasures. Or if you are more of an outdoor type, take a walk through Roberts Park to Shipley Glen Tramway

In his website you can check the Saltaire's map, the things you can find there, the interesting story of this place, guided walks for free in different languages...

<http://www.saltairevillage.info/index.html>

It is quite easy to arrive. From Bradford you can catch a bus. From Leeds you can go by train as Saltaire has its own train station.

For the next month you have the Bradford Beer Festival at Victoria Hall- Saltaire. It will take place from Thursday 24 until Saturday 26 February and the prices are from £1 to £5.

### **Bradford Valentine's Market**

For the Third year running Darley Street will play host to Bradford Valentines Market.

A variety of gifts such as luxury chocolates, jewellery, arts and crafts, and fresh flowers will be on offer.

It will run between Thursday 10 to Saturday 12 of February, from 9am till 4pm.







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