



**EVERYTHING IS
POSSIBLE®**

Turn up the **VOL**ume

By Andrea Casabella

March 2011

I hope you are enjoying the newsletter and I still encourage you to try the things I propose to you and for you to send me your opinions about them, for example if you have tried a new bar, a new disco, etc.

It would be great if you could send me your feedback. Thank you!!



Find us on Facebook : " Everything is Possible "
Follow us on Twitter : " eispossible "

<http://volunteersturnupthevolume.blogspot.com/>

Bar of the Month: Azucar (Leeds)

Lourdes, one of our volunteers most veterans, proposed a Latin bar called Azucar. She wrote: *“Every third Friday of the month Azucar have the Latin night (or Spanish night), it is until 3:00 AM. It is just 3 pounds and is really funnnnnnn.”*

You could find this bar at the Brewery Wharf (near the Everything is Possible office). Below is the Azucar’s web page if you want to check more information about it: <http://www.azucarbar.co.uk/>



Restaurant of the Month: Veritas (Leeds)

This restaurant is near Millennium Square (just in front of Leeds General Infirmary). There you could enjoy a quiet and tasty dinner in a real English restaurant (it is not a chain!).

On Sundays they have, like other many restaurants, a special menu where you can eat a good Sunday roast or other tasty meals which are not very expensive (2 courses menu costs around £12).

Personally I recommend the pie of the day, which normally is very good! Be aware that they only serve dinner until 8pm.



Remember: On Sundays, HIFI!!

I strongly recommend this place; the music and the atmosphere are amazing! Don’t leave Leeds without experiencing this place, you won’t regret it! On Sunday the concerts normally start at 11pm until midnight and after there is good music to keep dancing all night long if you still have energy!

<http://www.thehificlub.co.uk/>

Artsmix - Arts and Craft Market



Albion Place Undiscovered is Artsmix’s newest market situated outdoors in the heart of Leeds City Centre on Albion Place. The markets provide artists, designers and crafts makers the fantastic opportunity to sell and promote their work.

All items for sale are hand made and include fine art, photography, jewellery, textiles, fashion.

Sat 12th Mar 2011

Cost: Free

The Wardrobe starts the Jam nights on Sundays

At the Wardrobe you can find good concerts during the week and on Sundays you can enjoy amazing concerts for free! On Sunday you usually can find a jazz jam night session. The night normally starts with the House band (9pm-10pm) and after, the Jam (10:30pm-midnight).

This bar is just in front of Skyline!

<http://www.thewardrobe.co.uk/>



Remember that 8th March International Women's Day

There will be some free events going on in Leeds and Bradford: at University of Bradford, Leeds Metropolitan University, InterCulture UK and Connecting Enterprising Women. You can check here for more information:

<http://www.internationalwomensday.com/search.asp>



THEATRE, DANCE, MUSIC AND MORE



This month at the Grand Theatre:

Raphael recommends seeing the ballet Cleopatra. It will run between 26 February until 5 March, and you have the following shows: Monday - Saturday Evenings 7.30pm Thursday and Saturday Matinees 2.30pm

Tickets £8.50 - £37.00

http://www.leedsgrandtheatre.com/cleopatra_unid9304_page.aspx

Raphaël 's quote: *What a wonderful Ballet! I had the chance to see the World Premiere of Cleopatra for my Birthday. It was the first time that I went to the Grand Theatre which is a splendid and impressive theatre. I was positively surprised, when I realised that there was a real orchestra to accompany the ballet. During 2 hours the love stories of Cleopatra (with Cesar and Antoine) were told through imaginative and precise choreographies. I liked the character of the Snake, symbol of the reign of Cleopatra, which aided her to end her life. I really recommend that you see this ballet or other performances of the "Northern Ballet"*



TRIPS



Travel as many places you like during one day for £10!!

If you are thinking about travelling between 19 February and 6 March maybe you can take advantage of the London Midland trains promotion! For just £10 you can visit as many places as you like (the price covers your travel all day!). The London Midland service does not run from Leeds, so if you are interested you can take the train from Tamworth, Manchester, Sheffield... you have different choices depending on where you want to go after. Check the website for more information:

<http://www.londonmidland.com/destinations/great-escape/>

Do you fancy a one day trip?

The University Union organises several cheap trips around England. Some of them are one day trip and others are weekend trips.

This month the University union also organise trips to **Durham** (12 March, £15), **Blackpool** (19 March, £15), **Bronte's home** (19 March, £5), **Edinburgh** (25 March, £70) and **Scarborough** (27 March, £23).

Check availability and details at: <http://www.leedsuniversityunion.org.uk/ents/>

***Andrea's quote:** I went in February to the Lake District with the University Union and it was a great experience. The trip was very well organized: the departure and the arrival time were on schedule and they gave to us some tourist information about the place. I think that this is a good chance to meet new people and to go for a trip for a reasonable price.*

Good deals for hotels around UK

Our nice administrative Claire has managed to get some discounts for the volunteers in these hotels.

All of the hotels have an average single room rate of £40 (except for Portsmouth).

If you want to have the discounts please make the reservations on + 44 1229 432378.

Newcastle, Falkirk and Teesside: Metro Inns (<http://www.metroinns.co.uk/>)

London (Heathrow): Shepiston Lodge in (<http://www.shepistonlodge.co.uk/>)

London: Elstree Inn Borehamwood (<http://www.elstreeinn.com/>)

Birmingham: Kensington Hotel (<http://www.kensingtonhotel.co.uk/index.htm>)

Glasgow: Beersbridge Lodge (<http://www.beersbridgelodge.hostel.com/>)

Louth: Beaumont hotel (<http://www.thebeaumonthotel.co.uk/>)

Derby: Rangemoor Park Hotel (<http://www.rangemoorparkhotel.co.uk/>)

Portsmouth: Portsmouth Backpackers Lodge in (hostel rates £15 per person) (<http://www.portsmouthbackpackers.co.uk/>)

Ilkley & Wharfedale

Enjoy the best of what life has to offer in picturesque and gentle Ilkley. Take pleasure in the beautiful countryside, soak up the town's history, enjoy fine food and wine, relax in cafes and bars, and sleep in comfortable accommodation.

There's lots of ways to enjoy life's simple pleasures in Ilkley. From relaxing walks along Ilkley Moor to an evening at the theatre or an event, a holiday in this Victorian Spa Town is sure to bring you the rest and relaxation that everyone seeks from their time off.



I am sure you'll enjoy walking in Ilkley as it is a walkers are welcome town. Take a walk, hike or gentle stroll on Ilkley Moor or enjoy rock climbing on the Cow and Calf Rocks.

There are many events and attractions in Ilkley, including the popular Manor House Museum and the Embsay Steam Railway. Other places of interest nearby include Bronte Country with its many attractions including the village of Haworth, the Bronte Parsonage Museum and East Riddlesden Hall.

Roman, has been to Ilkley a short time ago, he has written his recommendations about this place:

Ilkley is a lovely village in the north of West Yorkshire. It is a village where you can find really good clothes, bakeries and good restaurants.

Ilkley moors where you also have a fantastic walk from city centre to the Cow and Calf rocks through the baths where once upon a time Charles Darwin took his bath to recover from the gout.

If your pocket allows you it is good idea to go to Betty's with its unique and special Victorian style. You can have very good food with a tea and scone. Do not try to eat so much if you do not want to spend a lot of money.

Check the charity shops out as Ilkley people are high-class and you can get good bargains.

For the fans of ales, do not forget to have an Ilkley ale.

Enjoy!!!



RECIPE OF THE MONTH



This month we have decided to add another section in the Newsletter, "Recipe of the Month". You will be asked to send your favourite recipes, the one you always make when you have invited someone for dinner because you know it is a success!

This section will be started by our mentor Ash, she made Rocky Road for the International dinner which everybody loved, that took place in Skyline in January. Do you want to see the next one? Send us your favourite recipe!

I hope you enjoy cooking!! :)

Rocky Road Recipe:

***Ingredientes:**

100g White Chocolate (for decoration)
200g Plain Chocolate
200g Milk Chocolate
4tbsp Golden Syrup

50g Butter
50g Dried Fruit
25g Glacier Cherries
25g Marshmallows
50g Digestive Biscuits

***Method:**

Line a medium sized baking tray with Clingfilm.

Cut up the marshmallows and cherries into halves/quarters (depending on how big you like the chunks!)

Melt the butter, plain chocolate, milk chocolate and syrup in a water bath (mixing bowl over a pan of steaming water) avoid using a microwave at all costs as it doesn't work nearly as well!

Stir frequently until you get a smooth mixture, then remove from the heat.

Crumble the digestive biscuit straight into the mixture, it's ok to leave a few big chunks of biscuit as this adds a good texture. Add the dried fruit, cherries and marshmallows to the mixture. Stir until all the ingredients are covered in the chocolate mixture.

Spoon the mixture into the lined baking tray and press down with the back of a spoon.

Melt the white chocolate in the mixing bowl over the water bath and then drizzle over the top to decorate.

Either leave to set over night or place in the fridge for 2 hours.

Enjoy!

"If you guys fancy having a bake off! 😊"

Aisling

PORTRAIT OF THE MONTH (February)

Jorge Brenes Zuñiga

Date of Birth: 06/12/1990

Where do you come from? : Costa Rica

Place of residence in England: Leeds

Arrival and Departure dates: 11/1/2011 – 8/8/2011

Culinary speciality: I don't have any skill at cooking

The thing you couldn't forget to put into your suitcase: my perfume

Which is your favourite Movie? : The hangover **Dish?** : Lasagne **Song?** : Everything I do I do it for you

3 Interesting things about you? : I love volleyball. I am a big eater. I love sleeping

What did you do before your EVS in England?

Study in at the university

Have you travelled before? If yes, which is your favourite place?

I had never travelled to another country.

Why did you choose to come to England?

Because I study English teaching, and I regard this as an excellent opportunity to improve my English and at the same time to help in a project and to know the culture.

What was your most interesting cultural discovering in England?

To realize how different is the British accent from the American one.

Where do you plan to travel during your EVS?

As long as my visa allows it, to Germany and some famous cities in this country.

What expectations do you have about this experience (personally and professionally)?

I would like to get a good English level, to have a very nice experience during my stay in here, to help my project in whatever I can.

What are your goals for these "x" months?

Improve my English, acquire the British accent and make a lot of friends

What will you do when you finish your project? And in 10 years time?

I will go back to Costa Rica to keep studying English and then become an English teacher in my country



PORTRAIT OF THE MONTH (March)

Solene



Date of Birth: 12/07/1987

Where do you come from? : France, Istres

Place of residence in England: Leeds, Burley

Arrival and Departure dates: 17/01/2011 to 17/07/2011

Culinary speciality: Mediterranean aperitif

The thing you couldn't forget to put into your suitcase: my trainers, music, and a dress to go dancing!!!

Which is your favourite Movie? : Documentary **Dish?** : tajine (Moroccan) **Song?** : World's songs

3 Interesting things about you?

-I just enjoy life! That's it! I enjoy time with my friends and my family: going to the theatre and art galleries or to the cinema, having a walk in nature, going to the beach in summer...having fun!

-I love learning and discovering! I would like to be an adventurer, a sort of researcher!

-I like trying all sports! I am very fond of dancing and practice martial arts or fighting sports.

What did you do before your EVS in England?

I have studied sociology and sciences of education at university for 4 years. At the same time I worked with children and teenagers (summer camps, primary school, secondary school, remedial class in an association...)

Have you travelled before? If yes, which is your favourite place?

I have travelled for a few weeks in England, in Spain, in Italy, and in Morocco (Moroccan desert was amazing, impressive, magic!).

My favourite place? I have many! I am just going where: the sun shine, people are nice, and where the fiesta and lovely places are! lol .

Why did you choose to come to England?

To try the famous Fish and Chips! No, it's a joke! I have enjoyed learning English since a long time and I wanted to know more about the culture of our neighbours! I also was attracted by my voluntary project in working with children.

What was your most interesting cultural discovering in England?

I have just arrived so I need more time to discover England. But, as I start my project, I can say that English education system is quite interesting! I have to keep speaking with people, reading information, travelling...Maybe, I could speak about culinary discovering as beers and famous English food...

Where do you plan to travel during your EVS?

I hope to travel in all the UK but...It will be difficult but not impossible!

What expectations do you have about this experience (personally and professionally?)

Get more experience by sharing with people!

What are your goals for these 7 months?

Improve my level in English! I wish have more responsibilities in the school! I want to meet more people to have exchanges, and I want to discover the country!

What will you do when you finish your project? And in 10 years time?

I have some plans but I need more time to develop them! So I can't speak about it.

One point for sure, I would like to travel again!

This project has been funded with support from the European Commission. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

