



European Volunteer Service

2006-FI-6

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Ushangary

EXIT

The aim of the Ushangary project EXIT is to help people with drug and alcohol problems. This project is based in a youth centre called Jyväskylä Street Mission in the city centre of this provincial town in Finland.



As a volunteer you will work with the EXIT project staff to involve young people to participate in a variety of activities unrelated to substance abuse. This will include taking the young people to movie evenings, go-karting and bowling.

You don't need any skills to work in this project, you will gain skills and an awareness of youth work.

Accommodation & Meals

Meals: You will prepare and eat your meals together as a group, you will have the chance to try the different food from other volunteer's countries, and will have the chance to prepare food typical of your own culture to share with the group.

Lodging: You will live in a flat close to central Jyväskylä and will share a room with one or more other volunteers from the group, possibly from a different country.



FINLAND

Number of people we will send to this project:
1 or 2 people

For this project you should have

- ☺ A desire to help others who are less fortunate.
- ☺ An adventurous spirit
- ☺ A desire to meet new people
- ☺ Want to get involved in various activities.
- ☺ Appreciate a different culture.
- ☺ Be flexible to try many different activities



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Supported by





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FINLAND

Climate: Cold temperate. Winters are quite cold from -10 to -30 . Summers are normally from $15-30$ degrees.

System of Government: Finland is a democratic republic with a liberal free-market economy, freedom of religion and press.

Finland has been a member of EU since 1995

Population: 5.2 million

Capital: Helsinki (522 400 inhabitants)

Currency: Euro = 100cents

Languages: Finnish, Swedish

Language Lessons

Hello: **Hei**

Goodbye: **Näkemiin**

Please: **Pyydän**

Thank-you: **Kiitos.**

About the place

JYVASKYLA

Jyväskylä in central Finland is described as the 'little big city' due to it being cosy yet international, youthful and innovative.

It has a lively urban centre which is within easy reach of Finland's many beautiful lakes, forests and country parks. Jyväskylä is famous for its sports facilities and renowned in Finland as a cultural hotspot.

There are 80,000 inhabitants and almost half of those are students.

